

<u>Total Hip MAKOplasty Surgery Requirements – Dr. Michael Durkin</u> AMITA Health Center for Advanced Joint Replacement La Grange 5101 S. Willow Springs Rd LaGrange, IL 60525 708-245-9000

CT SCAN & Pre-op testing

You will receive a call from the pre-surgical nurses at LaGrange Hospital to schedule your pre-surgical testing and CT scan 3-4 weeks before surgery. Testing must be within 30 days of your surgery. As soon your testing and CT scan is scheduled, call your primary care doctor / specialist to schedule a surgical clearance appointment a few days after your scheduled testing. Call Colleen 630-455-2621 once your appointment with your CT scan and clearance appointments are scheduled.

Nicotine user; you will be required to stop smoking at least 1 month prior to surgery. You will be given an order to test your nicotine and metabolite levels 2 weeks before surgery. If you test positive for nicotine your surgery will be rescheduled.

Clearance for surgery

It is **your responsibility** to contact your primary care physician / specialist for an appointment within 30 days to clear you for surgery. Colleen will send your physician a letter requesting clearance along with the pre-surgical testing results for them to review. Your physician will need to fax your medical clearance to Colleen at 630-455-7124.

Pre-Op physical therapy

You will **receive a call** from our physical therapy department to schedule your pre-op PT appointment. This appointment will include a subjective and objective assessment, fitting for any durable medical equipment needed, braces, slings etc and teaching of proper use, gait training and post-operative exercises, home modifications.

Medicare patients are to bring their OrthoSync packet to pre-op PT.

Flomax Prescription

MALE PATIENTS ONLY will have a 7 day prescription of Flomax sent to your pharmacy.

<u>Questions, please call one of our team - PHONE (630) 455-2621 FAX (630) 455-7124</u>

Emily Giese - Physician Assistant
Stephanie Ransom - SA/ATC/OTC/PE
Heather Mallett - ATC/OTC / PE

Colleen Cusick - surgery scheduler/admin. Assistant

The surgery center will call you anytime after 4:00pm the night before your surgical date to let you know the time of your surgery and when to arrive.