



## **Tornier Total Shoulder And Reverse Total Shoulder Arthroplasty Surgery Requirements** **– Dr. Michael Durkin**

AMITA Health Center for Advanced Joint Replacement La Grange  
5101 S. Willow Springs Rd  
LaGrange, IL 60525  
708-245-9000

### **CT SCAN & Pre-op testing**

**You will receive a call** from the pre-surgical nurses at LaGrange Hospital to schedule your pre-surgical testing and CT scan 3-4 weeks before surgery. Testing must be **within 30 days of your surgery**. As soon your testing and CT scan is scheduled, call your primary care doctor / specialist to schedule a surgical clearance appointment a **few days after** your scheduled testing. **Call Colleen 630-455-2621 once your appointment with your CT scan and clearance appointments are scheduled.**

**Nicotine user:** you will be required to stop smoking at least **1 month prior to surgery**. You will be given an order to test your nicotine and metabolite levels **2 weeks before** surgery. **If you test positive for nicotine your surgery will be rescheduled.**

### **Clearance for surgery**

It is **your responsibility** to contact your primary care physician / specialist for an appointment **within 30 days to clear you for surgery**. Colleen will send your physician a letter requesting clearance along with the pre-surgical testing results for them to review. Your physician will need to fax your medical clearance to Colleen at **630-455-7124**.

### **Pre-Op physical therapy**

You will **receive a call** from our physical therapy department to schedule your pre-op PT appointment. This appointment will include a subjective and objective assessment, fitting of the ultrasling and teaching of proper use, gait training and post-operative exercises, home modifications. **Medicare patients are to bring their OrthoSync packet to pre-op PT.**

### **Flomax Prescription**

**MALE PATIENTS ONLY** will have a 7 day prescription of Flomax sent to your pharmacy.

**Questions, please call one of our team – PHONE (630) 455-2621 FAX (630) 455-7124**

**Emily Giese - Physician Assistant**

**Stephanie Ransom – SA/ATC/OTC/PE**

**Heather Mallett – ATC/OTC / PE**

**Colleen Cusick - surgery scheduler/admin. Assistant**

The surgery center will call you anytime **after 4:00pm the night before** your surgical date to let you know the time of your surgery and when to arrive.