



Zimmer PSI Total Knee Arthroplasty

Pre-Operative Checklist for Dr. Durkin

Required Clearance Appointments:

- Schedule MRI for Total Knee Replacement (**allow 6 weeks from surgery date**) Call Colleen **immediately** after scheduling MRI
 - DATE/TIME: _____

- Pick a surgery Date with **Colleen** 630-455-2621
 - DATE: _____
 - Ioversa Treatment 10-14 days before surgery (**Plan for at least 30 minutes**)
 - Date: _____
 - 2 Week Post Op Visit with Joyce Pretzer PAC
 - Date: _____

- Primary Care Physician Medical Clearance Appointment (**Within 30 days of surgery**)
 - DATE/TIME: _____

- Labs/Bloodwork (**Within 30 days of surgery** – can often be performed with your primary care physician / order will also be entered in at Hinsdale Hospital, if surgery is there)

- Specialist Physician Clearance Appointment (if applicable – **Within 30 days of surgery** i.e. Cardiologist, Pulmonologist)
 - DATE/TIME: _____

- Physical Therapy Pre-Op Evaluation and Education at Hinsdale Orthopaedics Westmont Location
 - DATE/TIME: _____

Other Important Tasks:

- Arrange for post-hospital stay if needed (rehab facility)

- Review medications to stop and eating/drinking instructions per hospital instructions

- Bring equipment given at pre-op Physical Therapy to hospital on surgery day (i.e. sling, brace, crutches, walker,)

- Call Colleen 630-455-2621** if you do not have your 2 week post op appointment scheduled